



Age Well is a nonprofit organization that serves older Vermonters in Addison, Chittenden, Franklin, and Grand Isle Counties and is the largest Meals on Wheels provider in Vermont.

Our mission is to provide the support and guidance that inspires our community to embrace aging with confidence.

## GIVE BACK AS A BUSINESS, VOLUNTEER AS A TEAM

*Impact the lives of older Vermonters in your community.*



There are several ways your business can give to those who need it most. Opportunities to volunteer are available in Addison, Chittenden, Franklin, and Grand Isle including:

- Veterans visiting other veterans
- Providing transportation
- Friendly visits
- Grocery shopping
- Budgeting assistance
- Delivering Meals on Wheels

“ We all know somebody that could use Meals on Wheels. Volunteering doesn't take anything out of my day — it adds so much to it! ”

*-Sarah Diaz, Switchback Employee and Volunteer*



**JOIN OUR NETWORK  
OF VOLUNTEERS**

**802-662-5249**

[volunteer@agewellvt.org](mailto:volunteer@agewellvt.org)